KT Medicine
The Challenge
Learnings from Palliative Care
Change Model: Kubler-Ross

1. Denial
2. Anger
3. Bargaining
4. Preparatory Depression
5. Acceptance

Health & Stability
Terminal Diagnosis

Kubler-Ross, 1969
Change Model: Bridges

Ending ➔ Transition/Neutral Zone ➔ New Beginning

Bridges, 1991
Change Model
Christine Longaker
(1993)

1. Shock & Disbelief

2. Resistance
   - Denial
   - Anger
   - Bargaining
   - Withdrawal

3. Acceptance of Ending (grieving)

4. Peaceful acceptance of New Reality
Typical Change

Current State

Transition State

Future State

Bridges

Ending → Transition/Neutral Zone → New Beginning

Key Points
• Loss
• Normal Human Emotions
• Grieving
• Repeatable Process
ENDING

What is the key dynamic?

Can communication prepare people for it?

Palliative Care Clip
What sort of animals are humans?
Large group?
Small group?
Solitary Individuals?

Teams?

Trust & Dyads
Translating dementia research into practice

**Vision**
- Future State Defined
- Current State Defined

**Strategy**
- Clinicians Applying the Research In Practice BAU
- Teams People
- Systems Structure Processes
- Leadership Alignment
- Culture
  - The way we do things around here
- Alignment

Translating Research Into Practice
Making it Happen = Business As Usual (BAU)
Thank you and please pass the word

GOLD COAST Australia
SEPTEMBER 23 & 24
2010

National Dementia Research Forum
Translating research into practice
www.dementiaresearch.org.au

Gold Coast image courtesy of Gold Coast Tourism