Free Clinical Workshops 2010
Purposeful Ageing: A Lifelong Exploration of Brain Wellness
A workshop for psychologists and those who want to think critically about dementia

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Case Western Reserve University
Director, Adult Learning, The Intergenerational School

Cathy Whitehouse
Founder, Principal and Chief Educator, The Intergenerational School

Much of what we believe about Alzheimer’s disease (AD) needs to be challenged, but not the facts that memory loss can and does cause suffering and will be an increasing challenge in this ageing world. New stories full of genuine hope are essential to the millions of affected people, families, and communities around the globe.

There is a growing awareness of the lack of progress that has been made in understanding the nature of Alzheimer’s Disease from a medical point of view. After billions of dollars of investment in research and thirty years of effort no pathological, biochemical or clinical markers exist which differentiate Alzheimer’s Disease and normal ageing. It may be time to reflect on this and to put more effort into finding an alternative framework within which to understand dementia and the help that needs to be provided to those who currently carry that label.

A more ecological and life span perspective is needed. Lifelong learning in a community may be a key preventative. New community responses are needed to meet the challenges of aging. Peter and Cathy Whitehouse started the Intergenerational School, which promotes brain health for learners of all ages, including those with cognitive challenges, whether young (e.g. learning disabilities) or older (e.g. dementia such as the ADs).

Peter and Cathy Whitehouse will share their experience of rethinking the treatment of dementia and discuss the application of their approach in the Australian context.

Friday 18th June 10.00am – 3.30pm
Registration begins 9.30am
Wesley Centre, 220 Pitt Street, Sydney

To register attendance please email: loborn@uow.edu.au
Contact for further information: Luke Oborn - 0242215320